

# Career Exploration Course



Beable's Career Exploration Course, for grades 2 through 12, includes 18 lessons per grade level exposing students to the study of both self and career. Based on John Holland's RIASEC theory, it covers six career themes: Realistic, Investigative, Artistic, Social, Enterprising, and Conventional. Each theme is explored through lessons on the RIASEC category, related careers, and essential workplace skills.

## RIASEC & Career



Beable's RIASEC and Career lessons offer students the opportunity to explore both themselves and potential careers. These lessons are based on John Holland's Theory of Career Choice (RIASEC), which suggests that people who choose careers of greatest interest to them are most likely to have job satisfaction and job success.

The RIASEC lessons delve into six career themes: **Realistic, Investigative, Artistic, Social, Enterprising, and Conventional.** By reading about various careers, students can understand how their personal interests align with different career pathways.

## Essential Skills



In Beable's Essential Skills lessons, students read about and reflect on skills that are essential to their future success in career and in life. In these lessons, students explore six overarching essential skills:

Emotional Intelligence	Communication	Creative and Critical Thinking	Collaboration	Dependability	Resourcefulness
------------------------	---------------	--------------------------------	---------------	---------------	-----------------

Each key skill is broken down into specific subskills, focusing on concrete behaviors students should develop. Grade-specific lessons build students' knowledge and application of each skill, showing its evolution from school to the workplace. This connection helps students develop creative thinking, effective communication, and complex problem-solving skills as they transition from school to career.

### Grade 2

<i>Unit</i>	<i>RIASEC Lesson</i>	<i>World of Work Lesson</i>	<i>Essential Skill Lesson</i>
<i>Realistic</i>	Exploration - Keeping It Real	Exploration - Carpenter	Exploration - Learning to Trust...and Be Trusted
<i>Investigative</i>	Exploration - Careers Worth Investigating	Exploration - Veterinarian	Exploration - Curiosity: You Just Want to Know!
<i>Artistic</i>	Exploration - Express Yourself!	Exploration - Musician	Exploration - Time to Use Your Imagination
<i>Social</i>	Exploration - Do You Like Helping People?	Exploration – Fitness Trainer	Exploration - Goal! Building a Better Team by Including Others
<i>Enterprising</i>	Exploration - Fields for Fearless Leaders	Exploration - Chef	Exploration - Communication: So Much More Than the Words We Say
<i>Conventional</i>	Exploration - That's Right!	Exploration – Software Developer	Exploration - Patience: You Have to Wait for It

### Grade 3

<i>Unit</i>	<i>RIASEC Lesson</i>	<i>World of Work Lesson</i>	<i>Essential Skill Lesson</i>
<i>Realistic</i>	Exploration - Keeping It Real	Exploration – Forester	Exploration - Mix It Up!
<i>Investigative</i>	Exploration - Careers Worth Investigating	Exploration - Zoologist	Exploration - Working It Out
<i>Artistic</i>	Exploration - Express Yourself!	Exploration – Comic Book Writer	Exploration - Be the Best You Can Be!
<i>Social</i>	Exploration - Do You Like Helping People?	Exploration – Customer Service Representative	Exploration - Who Do You Want to Be?
<i>Enterprising</i>	Exploration - Fields for Fearless Leaders	Exploration – Real Estate Agent	Exploration - What Did You Say?
<i>Conventional</i>	Exploration - That's Right!	Exploration – Computer Programmer	Exploration - Put It on the List!

### Grade 4

<i>Unit</i>	<i>RIASEC Lesson</i>	<i>World of Work Lesson</i>	<i>Essential Skill Lesson</i>
<i>Realistic</i>	Exploration - Keeping It Real	Exploration – Yoga Instructor	Exploration - Getting Through Life's Storms
<i>Investigative</i>	Exploration - Careers Worth Investigating	Exploration - Geographer	Exploration - What to Do: Making Responsible Decisions
<i>Artistic</i>	Exploration - Express Yourself!	Exploration – Marketing Manager	Exploration - Give-and-Go: Audience Perspective and Being a Good Teammate
<i>Social</i>	Exploration - Do You Like Helping People?	Exploration – Park Naturalist	Exploration - “I’m Here for You!”
<i>Enterprising</i>	Exploration - Fields for Fearless Leaders	Exploration - Entrepreneur	Exploration - A Sweet Compromise
<i>Conventional</i>	Exploration - That's Right!	Exploration – Paralegal	“I Did It!”

### Grade 5

<i>Unit</i>	<i>RIASEC Lesson</i>	<i>World of Work Lesson</i>	<i>Essential Skill Lesson</i>
<i>Realistic</i>	Exploration - Keeping It Real	Exploration – Horticulturalist	Exploration - Initiative
<i>Investigative</i>	Exploration - Careers Worth Investigating	Exploration – Climate Analyst	Exploration – Growth Mindset
<i>Artistic</i>	Exploration - Express Yourself!	Exploration – Reporter	Exploration - Critique
<i>Social</i>	Exploration - Do You Like Helping People?	Exploration – Dietician	Exploration - Communication
<i>Enterprising</i>	Exploration - Fields for Fearless Leaders	Exploration – Cosmetologist	Exploration – Self-Awareness
<i>Conventional</i>	Exploration - That's Right!	Exploration – Theme Park Engineer	Exploration – Logical Thinking

### Grade 6

<i>Unit</i>	<i>RIASEC Lesson</i>	<i>World of Work Lesson</i>	<i>Essential Skill Lesson</i>
<i>Realistic</i>	Exploration - Keeping It Real	Exploration - The Exciting World of Radiology	Exploration - Learning to Be Patient
<i>Investigative</i>	Exploration - Careers Worth Investigating	Exploration - Hydrologists: They're All About Water	Exploration - Fire Up Those Imaginations!
<i>Artistic</i>	Exploration - Express Yourself!	Exploration - Librarians: Changing with the Times	Exploration - Curiosity Leads to More Curiosity
<i>Social</i>	Exploration - Do You Like Helping People?	Exploration - University Faculty Member: Knowledge Is Your Superpower	Exploration - Communication Starts with an A! (for Active Listening)
<i>Enterprising</i>	Exploration - Fields for Fearless Leaders	Exploration - Sales Managers Keep Businesses in Business	Exploration - Working Together Makes the World Work
<i>Conventional</i>	Exploration - That's Right!	Exploration - Team Assemblers Put It All Together	Exploration - Independence Doesn't Mean Doing It Alone

### Grade 7

<i>Unit</i>	<i>RIASEC Lesson</i>	<i>World of Work Lesson</i>	<i>Essential Skill Lesson</i>
<i>Realistic</i>	Exploration - Keeping It Real	Exploration – Automobile Mechanic	Exploration - Trust: The "T" in Teamwork!
<i>Investigative</i>	Exploration - Careers Worth Investigating	Exploration - Sociologist	Exploration - Problems—and Solutions—Are Part of the Real World
<i>Artistic</i>	Exploration - Express Yourself!	Exploration – Graphic Designer	Exploration - Want to Be Heard? Understand Your Audience
<i>Social</i>	Exploration - Do You Like Helping People?	Exploration – Career Counselor	Exploration - Diversity and Inclusion Makes for a Smarter, More Creative World
<i>Enterprising</i>	Exploration - Fields for Fearless Leaders	Exploration – Operations Manager	Exploration - Self-Awareness: Good for You, Good for Others
<i>Conventional</i>	Exploration - That's Right!	Exploration - Accountant	Exploration - Stronger Than You Think

### Grade 8

<i>Unit</i>	<i>RIASEC Lesson</i>	<i>World of Work Lesson</i>	<i>Essential Skill Lesson</i>
<i>Realistic</i>	Exploration - Keeping It Real	Exploration – Environmental Engineer Technician	Exploration - Being Adaptable: Changing Your Strategy
<i>Investigative</i>	Exploration - Careers Worth Investigating	Exploration – Wind Energy Project Manager	Exploration - Breaking It Down: You Can Plan
<i>Artistic</i>	Exploration - Express Yourself!	Exploration – Urban and Regional Planner	Exploration - I’m Here for You, Dude!
<i>Social</i>	Exploration - Do You Like Helping People?	Exploration – Personal Finance Advisor	Exploration - Verbal and Nonverbal Communication Strategies
<i>Enterprising</i>	Exploration - Fields for Fearless Leaders	Exploration - Optician	Exploration - Practice Empathy to Understand Others
<i>Conventional</i>	Exploration - That's Right!	Exploration – Financial Analyst	Exploration - Think It Through: Making Good Decisions

### Grade 9

<i>Unit</i>	<i>RIASEC Lesson</i>	<i>World of Work Lesson</i>	<i>Essential Skill Lesson</i>
<i>Realistic</i>	Exploration - Keeping It Real	Exploration – Geothermal Technician	Exploration - Pride in Work
<i>Investigative</i>	Exploration - Careers Worth Investigating	Exploration – Biomedical Engineer	Exploration - Self-Awareness
<i>Artistic</i>	Exploration - Express Yourself!	Exploration – Industrial Designer	Exploration - Critique
<i>Social</i>	Exploration - Do You Like Helping People?	Exploration – Emergency Management Director	Exploration - Communication Resources
<i>Enterprising</i>	Exploration - Fields for Fearless Leaders	Exploration – First Line Supervisor	Exploration - Growth Mindset
<i>Conventional</i>	Exploration - That's Right!	Exploration - Inspector	Exploration - Logical Thinking

### Grade 10

<i>Unit</i>	<i>RIASEC Lesson</i>	<i>World of Work Lesson</i>	<i>Essential Skill Lesson</i>
<i>Realistic</i>	Exploration - Keeping It Real	Exploration – Solar Photovoltaic Installer	Exploration - Pride in Work
<i>Investigative</i>	Exploration - Careers Worth Investigating	Exploration – Logistics Engineer	Exploration - Self-Awareness
<i>Artistic</i>	Exploration - Express Yourself!	Exploration – Architect	Exploration - Critique
<i>Social</i>	Exploration - Do You Like Helping People?	Exploration – Training and Development Specialist	Exploration - Communication Resources
<i>Enterprising</i>	Exploration - Fields for Fearless Leaders	Exploration – Construction Manager	Exploration - Growth Mindset
<i>Conventional</i>	Exploration - That's Right!	Exploration – Energy Auditor	Exploration - Logical Thinking

### Grade 11

<i>Unit</i>	<i>RIASEC Lesson</i>	<i>World of Work Lesson</i>	<i>Essential Skill Lesson</i>
<i>Realistic</i>	Exploration - Keeping It Real	Exploration – Cardiovascular Technician	Exploration - Pride in Work
<i>Investigative</i>	Exploration - Careers Worth Investigating	Exploration – Humans Factor Engineer	Exploration - Self-Awareness
<i>Artistic</i>	Exploration - Express Yourself!	Exploration – Art Therapist	Exploration - Critique
<i>Social</i>	Exploration - Do You Like Helping People?	Exploration – Critical Care Nurse	Exploration - Communication Resources
<i>Enterprising</i>	Exploration - Fields for Fearless Leaders	Exploration – Wellness Coordinator	Exploration - Growth Mindset
<i>Conventional</i>	Exploration - That's Right!	Exploration – Health Information Technician	Exploration - Logical Thinking

<i>Unit</i>	<i>RIASEC Lesson</i>	<i>World of Work Lesson</i>	<i>Essential Skill Lesson</i>
<i>Realistic</i>	Exploration - Keeping It Real	Exploration – Computer User Support	Exploration - Pride in Work
<i>Investigative</i>	Exploration - Careers Worth Investigating	Exploration – App Developer	Exploration - Self-Awareness
<i>Artistic</i>	Exploration - Express Yourself!	Exploration – Desktop Publisher	Exploration - Critique
<i>Social</i>	Exploration - Do You Like Helping People?	Exploration – Equal Opportunity Officer	Exploration - Communication Resources
<i>Enterprising</i>	Exploration - Fields for Fearless Leaders	Exploration – Sales Engineer	Exploration - Growth Mindset
<i>Conventional</i>	Exploration - That's Right!	Exploration – Information Security Analyst	Exploration - Logical Thinking