

Working Toward the Future

Course Overview

Beable’s Working Toward the Future Course for Grades 3-5 is strategically designed to introduce young learners to essential life concepts through age-appropriate exploration. This engaging course weaves together foundational concepts and skills from five key areas: World of Work, Financial Empowerment, Civic Responsibility, Health and Wellness, and Personal and Workplace Empowerment.

Students explore concepts through their online readings. Teachers can extend learning through lesson activities, and extensions. In addition, throughout this year-long course they reflect on three overarching essential questions:

<p><u>Being Me</u> What does it mean for me to be happy?</p>	<p><u>Working with Others</u> How can I help others find happiness?</p>	<p><u>Making Choices</u> How can I use my strengths and interests for a positive effect in my community?</p>
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World of Work

World of Work exposes students to both self- and career- exploration. Lessons focus on John Holland’s Theory of Career Choice (RIASEC), which states that when people choose a career, they seek opportunities that will let them use their skills and abilities and also express their attitudes and values. Students will read about different jobs, helping them discover how their own special talents, likes, and what’s important to them can match up with exciting career possibilities.

Financial Empowerment

Lessons in Financial Empowerment expose students to the lifelong journey of financial decision-making and the related resources that impact their overall well-being. Through engaging scenarios and relatable examples, students explore fundamental financial concepts, including earning, spending, saving, and investing.

Civic Responsibility

Lessons in Civic Responsibility introduce younger students to the many ways they can contribute to their communities. These lessons encourage students to think about how even small actions can make a significant difference. Students will learn about what it means to be a good citizen, exploring topics like helping others, respecting rules, and participating in community events. The curriculum also introduces the basics of digital citizenship, teaching students how to be safe and kind online. Through stories and relatable examples, these lessons help young learners understand their role in making their community a better place.

Health and Wellness

Health and Wellness lessons introduce young students to healthy habits for life. They explore healthy eating, staying active, safe play, and setting healthy goals. Students learn about helpers in their community, safe online practices, and how to share healthy habits with others.

Personal and Workplace Empowerment

Personal and Workplace Empowerment lessons help students develop valuable skills and self-awareness to achieve their career and life goals. These lessons explore key skills like understanding emotions, communicating effectively, thinking creatively and critically, working well with others, being dependable, and using resources wisely.

Grade 3 Lessons

	World of Work	World of Work Career Cluster	Financial Empowerment	Civic Responsibility	Health and Wellness	Personal and Workplace Empowerment
Being Me What does it mean for me to be happy?	Realistic: Keeping it Real	Realistic-Agriculture, Food and Natural Resources Career Cluster	What Is Work?	You Can Do It!	Building Healthy Habits for a Healthy Life	Mix It Up!
	Forester		Types of Money: What Are My Choices?	Making a Difference at School	What Are Some Fun Ways to Stay Healthy?	Problem Solving: Steps You Can Take
	Investigative: Careers Worth Investigating	Investigative-Health Sciences Career Cluster	What Are Savings?	Why Do We Have Rules?	Playing Safely and Having Fun	Points of View: Differences Are OK!
	Zoologist		Be SMART about Setting Goals	How to Create a Kinder World		Good Friends Make the Best Friends!
Working with Others How can I help others find happiness?	Artistic: Express Yourself!	RIASEC Artistic-Career Cluster: Human Services	The Power of Appreciation: Adding Value to What We Love	As a Team, We Can Succeed!	A Healthy Life!	Understanding Your Strengths and Weaknesses
	Comic Book Writer		Where's My Stuff?	Becoming a Good Leader	People Who Help Us Stay Healthy	Becoming More Self-Aware
	Social: Are You a People Person?	RIASEC Social-Career Cluster: Education and Training	What's Worth Protecting?	The Importance of Community Values	Media Smarts: Being Safe Online	Super Stretchy Brains: How to Become a Flexible Thinker
	Cust Service Rep		Making Investments to Reach Your Goals! When Should I Borrow Money?	School Rules! Community Helpers Get the Job Done—for Us!	Teaching Others about Health	How to Stay Safe Online Be Dependable and Show Integrity by Keeping Promises!
Making Choices How can I use my strengths and interests for a positive effect in my community?	Enterprising: Fields for Fearless Leaders	RIASEC Enterprising-Career Cluster: Business, Management and Administration	Investing in Your Strengths	Creating Shared Agreements	People We Admire	Listening Takes Work
	Real Estate Agent		Weigh Costs and Benefits to Go for Gold	Keeping Community Agreements—It's the Right Thing to Do!	A Way to Make Decisions	Learning to Make a Plan
	Conventional: That's Right!	RIASEC Conventional-Career Cluster: Finance	Explore Your Interests—and Grow, Grow, Grow!	Changing the Rules: When and How to Do It	Playing Together Is Fun and Healthy	Dealing with Emotions
	Computer Programmer		Planting Seeds for a Great Reputation			The Power of Resilience

Grade 4 Lessons*

	World of Work	World of Work Career Cluster	Financial Empowerment	Civic Responsibility	Health and Wellness	Personal and Workplace Empowerment
Being Me What does it mean for me to be happy?	Realistic: Keeping it Real	Smiles and Service: A Peek Inside the Hospitality & Tourism Industry	Goals That Grow	You Can Do It!	Healthy Brain, Healthy Me	Getting Through Life's Storms
	Yoga Instructor		Making Smart Choices: Weighing Costs and Benefits	Making a Difference at School	Tech and Me: How I Can Be Responsible with My Time	What to Do: Making Responsible Decisions
	Investigative: Careers Worth Investigating	Unlocking the Future: A Journey into the STEM Career Cluster	Keep Moving Forward: Staying on Track	Why Do We Have Rules?	Decision-Making for a Healthier Future	The Power of Planning: Your Super Cool Tool for Success!
	Geographer		Shine On! Celebrating Your Own Hard Work	How to Create a Kinder World	Nurturing my Body	Passwords, Privacy, and Playing It Safe Online
Working with Others How can I help others find happiness?	Artistic: Express Yourself!	Career Cluster: Arts, Audio/Video Technology, & Communications Careers	Your Online Reputation: Why It Matters	As a Team, We Can Succeed!	Friendship and Healthy Habits	Give-and-Go: Audience Perspective and Being a Good Teammate
	Marketing Manager		Fix It or Forget It? Knowing When to Repair Your Stuff	Becoming a Good Leader	Problem Solving	"I'm Here for You!"
	Social: Are You a People Person?	Law, Public Safety, Corrections & Security Career Cluster	Understanding Insurance: Protecting What Matters	The Importance of Community Values	Mindfulness	Organizational Skills
	Park Naturalist		Different Types of Accounts: Where Does Your Money Go?	School Rules! Community Helpers Get the Job Done—for Us!	Being Sick is No Fun!	Digital Citizenship: Recognizing and addressing cyberbullying
Making Choices How can I use my strengths and interests for a positive effect in my community?	Enterprising: Fields for Fearless Leaders	Marketing Career Cluster	Borrowing: When Is It a Good Idea?	Creating Shared Agreements	Peer Pressure	A Sweet Compromise
	Entrepreneur		Understanding Income: How Do You Earn Money?	Keeping Community Agreements	Fueling Your Brain	"I Did It!"
	Conventional: That's Right!	Transportation, Distribution & Logistics Career Cluster	Understanding Extra Costs and Earnings	Changing the Rules: When and How to Do It	Setting Goals	Time management
	Paralegal		Why Save? The Importance of Building a Safety Net		Stretch it out!	Self-Advocacy

Grade 5 Lessons*

	World of Work	World of Work Career Cluster	Financial Empowerment	Civic Responsibility	Health and Wellness	Personal and Workplace Empowerment
Being Me What does it mean for me to be happy?	Realistic: Keeping it Real	Realistic-Agriculture, Food and Natural Resources Career Cluster	Goals That Grow	You Can Do It!	Healthy Brain, Healthy Me	Making Moves: Learning How to Take Initiative
	Horticulturalist		Making Smart Choices: Weighing Costs and Benefits	Making a Difference at School	Tech and Me: How I Can Be Responsible with My Time	Growth Mindset
	Investigative: Careers Worth Investigating	Investigative-Health Sciences Career Cluster	Keep Moving Forward: Staying on Track	Why Do We Have Rules?	Decision-Making for a Healthier Future	The Power of Planning: Your Super Cool Tool for Success!
	Climate Analyst		Shine On! Celebrating Your Own Hard Work	How to Create a Kinder World	Nurturing my Body	Passwords, Privacy, and Playing It Safe Online
Working with Others How can I help others find happiness?	Artistic: Express Yourself!	RIASEC Artistic-Career Cluster: Human Services	Your Online Reputation: Why It Matters	As a Team, We Can Succeed!	Friendship and Healthy Habits	Critique
	Reporter		Fix It or Forget It? Knowing When to Repair Your Stuff	Becoming a Good Leader	Problem Solving	Communication
	Social: Are You a People Person?	RIASEC Social-Career Cluster: Education and Training	Understanding Insurance: Protecting What Matters	The Importance of Community Values	Mindfulness	Organizational Skills
	Dietician		Different Types of Accounts: Where Does Your Money Go?	School Rules! Community Helpers Get the Job Done—for Us!	Being Sick is No Fun!	Digital Citizenship: Recognizing and addressing cyberbullying
Making Choices How can I use my strengths and interests for a positive effect in my community?	Enterprising: Fields for Fearless Leaders	RIASEC Enterprising-Career Cluster: Business, Management and Administration	Borrowing: When Is It a Good Idea?	Creating Shared Agreements	Peer Pressure	Self-Awareness
	Cosmetologist		How Do You Earn Money?	Keeping Community Agreements	Fueling Your Brain	Logical Thinking
	Conventional: That's Right!	RIASEC Conventional-Career Cluster: Finance	Understanding Extra Costs and Earnings	Changing the Rules: When and How to Do It	Setting Goals	Time management
	Theme Park Engineer		Why Save? The Importance of Building a Safety Net		Stretch it out!	Self-Advocacy

*Draft Lesson Titles